

CURRICULUM VITAE

DR KEITH TUDOR

Date of birth: 1.2.1955

Place of birth: Leamington Spa, Warwickshire, England
UK citizen; NZ permanent resident

172 Huia Road, Titirangi, Waitakere 0604, Aotearoa New Zealand
Mobile: 021 904 621

Academic and professional qualifications and status

BA (Hons) Philosophy and Theology (1976)

MA in Social Work (1979)

Certificate of Qualification in Social Work (CQSW) (1979)

Pellin Diploma in Gestalt Therapy and Contribution Training (1984)

Approved Social Worker (1988-1990) (approved under the *Mental Health Act 1983*)

Accredited Counsellor (British Association for Counselling) (1993-1999)

Certified Transactional Analyst (European Association of Transactional Analysis [EATA]¹) (from 1994-2011), (ITAA) (from 2012)

Diploma in Psychotherapy (1994)

Registered Transactional Analysis Psychotherapist (United Kingdom Council for Psychotherapy [UKCP]) (from 1994)

MSc in Psychotherapy (with Distinction) (1996)

Registered Independent Counsellor (United Kingdom Register of Counsellors) (1996-1999)

Provisional Teaching and Supervising Transactional Analyst (EATA) (1997-2004)

Registered Group Psychotherapist and Facilitator (UKCP) (1999-2008)

Honorary Lecturer, Liverpool John Moores University (from 1999)

Teaching and Supervising Transactional Analyst (EATA) (2004-2011), (ITAA) (from 2012)

PhD in Mental Health Promotion by Public (Published) Works, Middlesex University (2010)

Certificate in Treaty of Waitangi Studies, Auckland University of Technology (2010)

Associate Professor, Auckland University of Technology (2010–2015)

Visiting Associate Professor, Univerza na Primorskem (University of Primorska), Slovenia (2015)

Professor of Psychotherapy, Auckland University of Technology (from August 2015)

Work experience

Berkshire Probation Service (1976-1977)

Probation Officer

Upstairs Project (Hammersmith Crisis Intervention Centre) (1981-1985)

Counsellor/Researcher

In Italy (1985-1987)

Freelance Translator and Teacher of English as a Foreign Language

Hammersmith Social Services (1987-1990)

Senior Social Worker (Mental Health)

Approved Social Worker (1988-1990)

NALGO Shop Steward (1988-1990)

Self-employed Counsellor and Psychotherapist² (from 1987)

¹ Also recognised by the International Transactional Analysis Association [ITAA].

² Since emigrating to Aotearoa New Zealand in 2009, I have retained my voluntary registration with the UKCP; in New

Management Centre, King's College, University of London (1990)
 Senior Research Fellow
 Hillingdon Social Services (1990-1992)
 Development and Training Officer (Mental Health)
 Management Centre, King's College, University of London (1991-1996)
 Honorary Research Fellow
 Self-employed Supervisor, Researcher, Trainer and Consultant (from 1992)
 Temenos (1993-2010)
 Director (1993-2010)
 Director of Education and Training (2004-2009)
 Director, Postgraduate Diploma/MSc in Person-Centred Psychotherapy & Counselling (2004-2009)
 Delegate to the United Kingdom Council for Psychotherapy Humanistic and Integrative Psychotherapy Section (2005-2009)
 Sheffield Women's Counselling and Therapy Service (1996-2000), Associate Therapist

Sheffield Natural Health Centre (2000-2006)
 Proprietor
 Centre Manager (2005-2006)
 Metanoia Institute, London (2002-2004)
 Course Tutor, MSc in Transactional Analysis Psychotherapy
 Auckland University of Technology (AUT) (from 2009)
 Senior Lecturer (2009-2010)
 Certified Postgraduate Supervisor (from September 2009)

Associate Professor (2010–2015)
 Professor of Psychotherapy (from August 2010)
 Department of Psychotherapy & Counselling
 Programme Leader, Graduate Diploma in Psychosocial Studies (2009-2010)
 Programme Leader, Master of Health Science (Psychotherapy) (2009-2012)
 Programme Leader, Master of Psychotherapy (2010-2012, 2014)
 Co-Acting Head of Department (March-July 2012)
 Head of Department (2013-2015)
 School of Public Health and Psychosocial Studies
 Acting Head of School (in July 2015)
 Head of School (from January 2016)

Membership

Institute for Transactional Analysis, UK, member (1987-1994), clinical member (1994-2011), and teaching and supervising member (2004-2011)
 European Association for Transactional Analysis, member (1987-1994), clinical member (1994-2011), and teaching and supervising member (2004-2011)
 International Association for Transactional Analysis, associate member (1987-1994), clinical/regular/CTA member (1994-2011), and teaching member (from 2012)
 Guild of Psychiatric Social Workers, member (1989-1991)
 Society for Psychotherapy Research, member (1992-1994)
 British Association for Counselling, accredited member (1993-1999)
 British Association for the Person-Centred Approach (1993-2010), member
 Association of Therapeutic Communities (1994-2010), member
 Association of Humanistic Psychology Practitioners, full member (1999-2008)
 Temenos, staff member (2004-2010)
 Ngā Ao e Rua, member (from 2009)

Waka Oranga, associate member (from 2010)
Aotearoa New Zealand Transactional Analysis Association (from 2010)
New Zealand Association of Psychotherapists, provisional member (from 2010)

Registration and accreditations

British Association for Counselling, Accredited Counsellor (1993-1999)
UKCP, Registered Psychotherapist (from 1994)
United Kingdom Register of Counsellors, Registered Independent Counsellor (1996-1999)
UKCP, Registered Group Psychotherapist and Facilitator (1999-2008)

My work

My philosophy of practice and facilitation is based on humanistic psychology and, specifically, the person-centred approach and transactional analysis. Working with groups, teams and organisations, I am interested in facilitating everyone to express their voice, in group dynamics and processes, and in helping to build genuine and co-operative working, learning and thinking environments.

As a psychotherapist I had a private/independent practice since 1987 – in London, UK (1987-1992), in Sheffield, UK (1992-2009), and, since 2009 have maintained an overseas practice as a psychotherapist (see footnote 2, p. 1 above). Now, as a health care provider and transactional analyst, I have a small private practice in West Auckland. I have worked with children and young people as well as with adult clients, short-term as well as long-term, and have run several psychotherapy groups for a number of years.

I have been working as a clinical supervisor since 1983, and have experience of working individually and in groups with a variety of professionals. For the past six years, I have developed supervision by Skype. I have supervised practitioners who, in turn, work with individual clients and with groups, including children and young people as well as adults. I supervise members of the NZAP and the NZAC, an ACC Approved Counsellor, and two DAPAANZ registered practitioners. I also run groups for the continuing professional development of psychotherapists and counsellors, and for therapists preparing for qualifying examinations as clinicians, trainers and supervisors.

As an academic supervisor I have supervised fifteen master's dissertations to successful completion. Currently, I am the principal supervisor of three doctoral students, and the second supervisor of one doctoral student and one master's student.

As an examiner I have examined candidates' written work – case studies at M (Masters) level – and have been on the exam board/panel for candidates viva voce exams at all levels – from Diploma (level 7), and Masters (level 9) and to post-qualifying exams of teaching and supervising therapists and educators. I also have experience of being an external examiner and moderator:

University of Nottingham Department of Continuing Education – Certificate and Diploma Courses (1996-1999)
Leicestershire Open College Network – Putting Counselling into Practice Certificate Course, (1997-1998)
Oakwood Associates, Nottingham – Diploma in Therapeutic Pastoral Counselling (2001-2003)
Institute for Arts and Therapy in Education, London – Certificate in the Therapeutic & Educational Application of the Arts, and MA in Integrative Arts Psychotherapy Courses (2005-2008)
European Association for Transactional Analysis, Florence, Italy – Certifying Transactional Analysis examinations (2005)
Terapia, London – MA in Integrative Child Psychotherapy and Counselling (2008-2011)
Vision College, Hamilton and Christchurch – Diploma of Counselling (from 2013)

I am a widely published author with over 400 professional publications including twelve books to my name. I am the editor of two journals, the associate editor of another journal, and sit on the editorial board of three international journal and the editorial advisory board of another international journal; I act as a peer reviewer for a number of professional and academic journals and publishing houses; and have indexed a number of books in the field of psychotherapy. (List of publications available on request.)

As a trainer and facilitator I have extensive experience of designing, teaching and organising a range of courses especially in the field of mental health, and psychotherapy and counselling, in public, voluntary and private sectors. Temenos, Sheffield, UK ran – and still runs – professional training courses in psychotherapy & counselling, leading to a graduate diploma/BSc and a postgraduate diploma/MSc in Person-Centred Psychotherapy & Counselling, both of which I designed, directed and taught; as well as a number of post-graduate short courses including a supervision course which I designed with my colleague Mike Worrall and facilitated with him and others. At AUT I have been involved in a Faculty Board of Studies and in seeing a number of programmes through both university and CUAP processes. I have also designed and delivered short courses and programmes:

- In Aotearoa New Zealand (2006, and from 2009) – Auckland Transactional Analysis Training Institute; Effective Personal & Professional Relationship Training and Transactional Analysis, Auckland; New Zealand TA Association, Wellington; Physis Institute, Dunedin; Vision College, Hamilton and Christchurch; Waitemata District Health Board, Auckland; Waka Oranga, Auckland; Wellington Transactional Analysis Training Institute.
- In the UK – Action Against Men’s Violence, Sheffield; Action Housing, Rotherham; The Berne Institute, Kegworth; British Association of Social Workers South Yorkshire Branch; Broxtowe College Counselling Service; Cartwheel Community Arts, Rochdale; City College, Manchester; Community Health Sheffield; Council for Voluntary Services, Sheffield; Crisis Fare Share, Rotherham; Croydon Alcohol Counselling Service; Derbyshire County Council Education Social Work Department, Derby; Dial House, Leeds; Dumfries & Galloway Royal Infirmary Medical Social Work Department; Family Care, Nottingham; Health Promotions, Aberdeen; Health Promotions, Elgin; Iron Mill Institute, Exeter; Institute for Transactional Analysis (UK); Kent Psychotherapy & Counselling Union, Tonbridge Wells; King’s College London; Leeds Community and Mental Health Services; Leeds North-East NHS; Life Skills Training, Rugby; Loughborough University Counselling Service; The Manchester College, Manchester; Metanoia Institute, London; The Market Place, Leeds; Metanoia Institute, London; The Methodist Church, Sheffield; Moray College, Elgin; Moray Council (Fostering & Adoption); NCH (National Children’s Homes), Nottingham; National Health Service, Sheffield; NHS Yorkshire & The Humber; NSPCC (National Society for the Protection of Children), Doncaster and Lincoln; North East Derbyshire Community Mental Health Service, Chesterfield; North Merseyside NHS Trust, Liverpool; Nottingham Counselling Service and its Sexual Abuse Project; Nottingham Trent University Counselling Service; NHS Grampian; Person-Centred Approach (South West); Robert Gordon University, Aberdeen; SAIL (Sexual Abuse and Incest Line), Chesterfield; Seremis Helpline, Derby; Sheffield Care Trust; Sheffield Cathedral; Sheffield Centre for HIV and Sexual Health; Sheffield CRUSE; Sheffield Gayphone; Sheffield Hallam University Counselling Service; The Society of Homoeopaths; Trent Health Authority, Sheffield; United Kingdom Association of Transactional Analysis; University of Nottingham University Counselling Service; University of Sheffield Counselling Service; University of Strathclyde; WISH (Women in Secure Hospitals), Rampton; Workplace Wellbeing, Psychological Health Sheffield.
- In other countries – the Australian Centre for Integrative Studies, Sydney, Australia; Caledonia House, Perth, Australia; the Lithuania Transactional Analysis Association, Vilnius; the Institute for Integrative Psychotherapy and Counselling, Ljubljana, Slovenia; Transactional Analysts, Tokyo, Japan; VCgP (Dutch Person-Centred Association), Amersfoort, Holland; Victorian Association of Holistic and Transpersonal Counsellors, Melbourne, Australia..

As a consultant I have been employed by a number of organisations in a variety of capacities:

Staff and team facilitation – Acacia Hall Therapeutic Community, Friesthorpe, Lincolnshire; Derby Rape Crisis; Nottingham City Hospital NHS Trust Clinical Genetic Service; Nottingham Counselling Service Sexual Abuse Project; The Nottingham Trent University Counselling Service; Sheffield Centre for HIV and Sexual Health; Sheffield Occupational Health Advisory Service; University of Nottingham University Counselling Service; Turning Point, Scotland; University of Sheffield Department of Psychiatry Centre for Psychotherapeutic Studies; Wilson Carlisle College of Evangelism, Sheffield; WISH (Women in Secure Hospitals), Rampton.

Organisational consultancy – Acacia Hall Therapeutic Community, Friesthorpe, Lincolnshire; Leeds Community and Mental Health Services (Nurse Counselling Service); Lewisham MIND (Service

Evaluation); Rotherham Priority Health Care Trust; Sheffield City Council (re Corporate HIV/AIDS Steering Group); Sheffield College (re NCFE Qualification Specification).

Coaching – Department for Education & Skills, Sheffield; Yorkshire Building Society, Bradford.

Policy development (working with senior managers on policy formulation and development) – Cheshire County Council Social Services (An integrated equal opportunity policy); Health Canada/Sant é Canada, Ottawa and Toronto; Lewisham MIND; NHS Grampian; Rotherham Priority Health Care Trust; Sheffield City Council.

Course consultancy – Institute for Person-Centred Learning, Ilford; Person-Centred Counselling Services, Manchester; Sheffield College; Temenos, Sheffield.

Voluntary work

I have also been involved on a voluntary basis in various projects, campaigns, and associations including:

Bush News, a local community newspaper in West London (a member of the collective, 1981-1985)

Big Flame, member (1981-1985)

The Probation Service, Milan, volunteer (1986-1987)

La Lega per il Diritto al Lavoro degli Handicappati [The League for the Right to Work of Disabled People], Milan, volunteer (1986-1987)

Sheffield Male Violence Project, co-founder and member (1993-1996)

Woodcraft Folk (Sheffield Porter Brook Branch), parent facilitator (1999-2002)

Sheffield Therapeutic Community Project, instigator (2001-2002)

Titirangi Steiner School, parent (2010-2011)

The New Zealand Association of Psychotherapists (2011 to present)