

 [IP-- Request for resources by Maureen O'Hara](#) by Louise S. [2014, Jan 25]

Dear Colleagues: I am wondering if anyone knows of a published chart, table or graphic that shows in one place a comparison of culturally differentiated psychologies.

I need to make the case for an indigenous psychology perspective in an education system that serves ethnically diverse communities in a European country. The audience will not be psychologists--mostly economists and policy makers. I have already got the education minister's attention with a paper on "happiness" and "well-being" well-being that cites IP work.

I don't have time to create such a chart but I wonder if someone has already done it.

Maureen

Maureen O'Hara Ph. D.  
Professor of Psychology  
National University  
11255 N. Torrey Pines Road  
La Jolla, CA 92037

While we cannot eliminate hunger, we can feed each other. While we cannot eliminate pain, we can hold each other. While we can't improve upon the nature of reality, we can make things better for each other while we're here. Mark Nepo

 [Comment by Joseph Gone](#) by Louise S. [2014, Jan 25]

Hi, Louise. This is not as direct as you may be looking for because they concern mental health issue, but just in case see:

Table 2 on p. 769 in the attached article by Draguns et al.

Table on p. 244 on the attached article by Kirmayer

Good luck,

Joe

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Joseph P. Gone, Ph.D.  
Associate Professor  
Department of Psychology  
University of Michigan  
2239 East Hall, 530 Church Street  
Ann Arbor, MI 48109-1043

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Tel: (734) 647-3958

Fax: (734) 615-0573  
Cell: (734) 255-1420  
Email: jgone@umich.edu

=====  
Website: <http://gonetowar.com/>

 [Draguns Tanaka-Matsumi 2003](#)

 [Kirmayer 2007 Psychotherapy & Personhood](#)

 [Comment by Anthony Marsella](#) by Louise S. [2014, Jan 26]

## Cultural Typologies

January 25, 2014

Interest in cultural typologies has a long history in the social sciences. Distinctions have been made between cultural typologies by cultural anthropologist, psychologist, psychiatrists, and sociologists on the basis of cultural, psychological, psychiatric, and sociological dimensions.

Throughout my 50 year career as a cross-cultural psychopathologist, psychotherapist, clinical cultural psychologist, multicultural psychologist, and various other nuanced designations, I collected these distinctions beginning in my early Ph.D. training. They are cited in no order. I have written papers on some of these topics should you be interested.

- Normal versus Abnormal Cultures (Benedict)
- Integrated versus Disintegrated Cultures (Leighton)
- Tough versus Easy Cultures (Arsenian & Arsenian)
- Continuous versus Discontinuous Cultures (Benedict/Mead)
- Gemeinschaft versus Geslleschaft (Tonnie)
- Apollonian versus Dionysian (Benedict)
- Oppressive versus Suppressive (Hsu)
- Traditional versus Modern (Many)
- Western versus Non-Western (Many)
- Shame versus Guilt (Cultural Anthro)
- Collectivistic versus Individualistic
- Indigenous versus Non-Indigenous

- Urban versus Rural (Sociology)
- First World versus Third World
- Post Modern Versus Non-Post Modern (Critical Psychologists)

Anthony J. Marsella, Ph.D.

Emeritus Professor  
University of Hawaii, Honolulu, 9682

 [Comment by Maureen O'Hara](#) by Louise S. [2014, Jan 26]

I appreciate these wonderful resources. Thank you.

I feel like I am in graduate school again :- ) Love it!

Maureen

Maureen O'Hara Ph. D.  
Professor of Psychology  
National University  
11255 N. Torrey Pines Road  
La Jolla, CA 92037